

Parent Council is pleased to support the Hot Lunch Program at Runnymede PS!

**Rose Reisman Kids Lunch (RRKL)** offers nutritious meals to Runnymede students wishing to participate. Meals are cooked at Rose Reisman catering facilities, individually packaged and labelled, then delivered to your child in their lunchroom or classroom. You can order online from a selection of healthy meals, all served with a side of fruits or vegetables.

## **FAQ's**

### **1. When will the hot lunch program start?**

Lunches will be offered on Tuesdays and Thursdays beginning September 18<sup>th</sup>.

### **2. Who can participate?**

It is available to all students, from JK - grade 8.

### **3. Does my child have to participate?**

No, it is completely optional.

### **4. How much will it cost?**

Meals range in cost from \$4.75-\$7.50 including a side fruit or vegetable. For big appetites, there are add-ons and a larger sized meal.

### **5. How did you choose the vendor - Rose Reisman Kids Lunch?**

The vendor was chosen in January 2017 after a feasibility review and vendor presentations to Parent Council. Rose Reisman Kids Lunch was selected based on taste, quality, menu choices, company philosophy and waste management. After 4 months of meal service, parents were surveyed about the program. Response was overwhelmingly positive to continue the program with the vendor, and to add a second service day.

### **6. I am concerned about nutrition. Will the food be healthy?**

Healthy food was the #1 criteria cited by parents at the Council meeting. Rose Reisman is a Registered Nutritional Consultant and the company's food is prepared from scratch with local/sustainable ingredients where possible.

RRKL has been approved by the TDSB as a hot lunch provider and will follow **PPM150 guidelines** for nutrition. Ingredient lists are available from [kidslunch@rosereismancatering.com](mailto:kidslunch@rosereismancatering.com).

### **7. Does the menu change?**

The Tuesday and Thursday menus are different from one another, although popular items are available both days. The menus will be refreshed in January and April.

### **8. My child has food allergies, can these be accommodated?**

All food is prepared in a nut-free and tree-nut-free facility.

Gluten-free and dairy-free choices are available. RRKL will provide a Food Allergy/Modification form as requested and discuss your concerns at any time.

**9. What will be done with the garbage/waste from these meals?**

To comply with our Eco School philosophy and Boomerang lunches, each lunch will be distributed in a reusable lunch bag. RRKL collects and sterilizes the lunch bags for reuse, and takes all packaging & leftovers back to their kitchen for recycling. The only garbage generated will be from utensils and container lids.

**10. Do I have to send any food on Hot Lunch days?**

Yes, you still need to send morning & afternoon snacks as well as a water bottle. Drinks will not be offered on the menu, to avoid spills and messes in our busy lunchrooms.

**11. What if my child is sick on Hot Lunch days? Do I get a refund on my child's meal?**

If you email [kidslunch@rosereismancatering.com](mailto:kidslunch@rosereismancatering.com) by 8 am on **Hot Lunch day**, your account will be credited.

**12. When/how do I sign up?**

All ordering is done online at [www.kidslunch.ca](http://www.kidslunch.ca). Our password is **RPS39**. You can order one meal at a time, or plan weeks ahead.

Orders must be made online by midnight on Friday for Tuesday lunch, and midnight Tuesday for Thursday lunch (or order meals in advance if you'd prefer).

**13. How do I pay?**

Visa or Mastercard is accepted.

**14. My child isn't interested right now, can he/she sign up later?**

You can sign up at any time and no minimums are required, so you can even order this week, and skip the next.

**15. What if I have questions?**

Please send your questions directly to: [kidslunch@rosereismancatering.com](mailto:kidslunch@rosereismancatering.com). Any questions regarding ingredients, allergies, deadlines, etc. will be promptly handled by Rose Reisman's staff, not the school office.

If you would like to provide feedback or send a suggestion to Parent Council about the program you can e-mail [runnymedelunch@gmail.com](mailto:runnymedelunch@gmail.com).